



# March-A-Mile for Meals



Communities working together to recognize the  
value & nutritional need of our senior citizens

Join our walk on March 24, 2018

## PROCLAMATION

### A PROCLAMATION PROCLAIMING MARCH 2018 AS MARCH FOR MEALS MONTH

**WHEREAS**, on March 22, 1972, President Richard Nixon signed into law a measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors 60 years and older; and

**WHEREAS**, Meals on Wheels America established the March for Meals campaign in March 2002 to recognize the historic month, the importance of the Older Americans Act Nutrition Programs, both congregate and home-delivered, and raise awareness about the escalating problem of senior hunger in America; and

**WHEREAS**, the 2018 observance of March for Meals provides an opportunity to support Meals on Wheels programs that deliver vital and critical services by donating, volunteering and raising awareness about senior hunger and isolation; and

**WHEREAS**, the Meals on Wheels program – home-delivered in Camp Verde, Cottonwood, Clarkdale, Cornville, Lake Montezuma, Rimrock and outlying County areas of the Verde Valley have served our communities admirably for more than 39 years; and

**WHEREAS**, volunteers for the Meals on Wheels program serving Camp Verde, and all other areas of the Verde Valley are the backbone of the program and they not only deliver nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation, but also caring concern and attention to their welfare; and

**WHEREAS**, the Meals on Wheels program located in Cottonwood provides nutritious meals to seniors throughout the Verde Valley to assist them in maintaining their health and independence, thereby preventing unnecessary falls, hospitalizations and/or premature institutionalization; and


**WHEREAS**, the Meals on Wheels program in the Verde Valley provides a powerful socialization opportunity for hundreds of seniors to help combat loneliness, isolation and depression; and

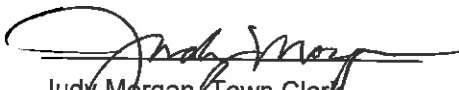
**WHEREAS**, the Meals on Wheels program serving the entire Verde Valley deserves recognition for the contributions they have made and will continue to make to local communities, our State and our Nation.

**NOW, THEREFORE**, The Mayor and Common Council do hereby proclaim March 2018 as “March for Meals Month” and urge every citizen to take this month to honor our Meals on Wheels program, the seniors they serve and the volunteers who deliver meals to them. Our recognition of, and involvement in, the National 2018 March for Meals can enrich our entire community and help combat senior hunger and isolation in America.

Dated: this 21<sup>st</sup> day of February, 2018.

Attest:

  
The Honorable Charles German, Mayor, Town of Camp Verde

  
Judy Morgan, Town Clerk