



March a Mile for Meals

Communities working together to recognize the
value & nutritional need of our senior citizens

Join our walk on March 23, 2019

PROCLAMATION

A PROCLAMATION PROCLAIMING MARCH 2019 AS MARCH FOR MEALS MONTH

WHEREAS, on March 22, 1972, President Richard Nixon signed into law a measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors 60 years and older; and

WHEREAS, Meals on Wheels America established the March for Meals campaign in March 2002 to recognize the historic month, the importance of the Older Americans Act Nutrition Programs, both congregate and home-delivered, and raise awareness about the escalating problem of senior hunger in America; and

WHEREAS, the 2019 observance of March for Meals provides an opportunity to support Meals on Wheels programs that deliver vital and critical services by donating, volunteering and raising awareness about senior hunger and isolation; and

WHEREAS, the Meals on Wheels program – home-delivered in Camp Verde, Cottonwood, Clarkdale, Cornville, Lake Montezuma, Rimrock and outlying County areas of the Verde Valley, has served our communities admirably for more than 40 years; and

WHEREAS, volunteers for the Meals on Wheels program serving Camp Verde, and all other areas of the Verde Valley are the backbone of the program and they not only deliver nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation, but also caring concern and attention to their welfare; and

WHEREAS, the Meals on Wheels program located in Cottonwood provides nutritious meals to seniors throughout the Verde Valley to assist them in maintaining their health and independence, thereby preventing unnecessary falls, hospitalizations and/or premature institutionalization; and

WHEREAS, the Meals on Wheels program in the Verde Valley provides a powerful socialization opportunity for hundreds of seniors to help combat loneliness, isolation and depression; and

WHEREAS, the Meals on Wheels program serving the entire Verde Valley deserves recognition for the contributions they have made and will continue to make to local communities, our State and our Nation.

NOW, THEREFORE, The Mayor and Common Council do hereby proclaim March 2019 as "March for Meals Month" and urge every citizen to take this month to honor our Meals on Wheels program, the seniors they serve and the volunteers who deliver meals to them. Our recognition of, and involvement in, the National 2019 March for Meals can enrich our entire community and help combat senior hunger and isolation in America.

Dated: this ___ day of _____, 2019.


Charles C. German, Mayor

Attest:

Judy Morgan, Town Clerk